

VD 203 RQ1 The glow in my eyes - 2020-02-16

Dear viewers and readers,

today I'm launching a new video category called "Reader's Questions". You can find it now in the new playlist of the same name.

In this I will present videos that relate to questions I receive from readers or viewers.

If you have any questions about my work, please feel free to write me, either here as a comment under the video, by email or via the contact form on my homepage.

It happens again and again that questions are put to me whose subject can be of interest to a wider audience. Therefore I will now publish such questions, which go beyond private inquiries, also as video.

Today I'd like to start with a question that I have been asked more often lately, namely: What does the glow in my eyes mean and where does it come from?

I can say the following about this: This special glow has only been appearing for about 5 years. In the time before that I was not asked about it. I myself only noticed it when I was made aware of it by different people, i. e. I was not aware of it myself. However, I noticed it later on a photo I took with the self-timer. Also on my videos it is recognizable in phases. People with high sensitivity are more likely to notice it because they have a higher perceptual capacity for such phenomena.

The glow is different from what is usually referred to as the natural radiance of a person. Again and again we meet people who have a stronger charisma than others. They radiate from the inside out. Mostly these are people with a positive attitude towards life, with joy and enthusiasm.

These people have an open and alert gaze, and a special glow in their eyes, which is caused by the enthusiasm and joy of life. Whether there is already scientific research on this phenomenon is not known to me.

Besides this glow there is also one that has a supernatural origin but a similar effect. However, it is more intense and deeper. It can be observed in people who have a closer contact with God. This comes about through an intensive prayer life, and furthermore through a constant internal dialogue with the Creator, that is, through the everlasting inner exchange.

This is a higher level of prayer and is what could be called "prayer of the heart". This can be achieved by fulfilling the following requirements:

- One must open oneself completely to God. This means: widening the heart, the soul and the view for the Most High.
- One must trust Him completely and devote oneself to Him unconditionally
- One must acknowledge His holy will as true, right and good and strive for the fulfilment of this will.

- One must be open to the love of God, which He gives us as a gift of grace, and one must also want to accept all other gifts one receives from the Almighty. This also includes the willingness to pass on the gifts received to other people.
- It is necessary to fight constantly against all negative influences, especially against all kinds of temptations, to go to confession regularly, and to strive to keep the so-called "state of sanctifying grace" permanently. Of course this can only be done with God's help.
- The state of sanctifying grace is that state in which one is free from serious sin and is also willing not to commit serious sin. Thus a purity of heart and mind is formed.
- From this - metaphorically speaking - a bright space develops in our heart, in which God likes to stay, in which He can work and unfold. Let us not forget: The Eternal always respects our free will. God is a guest who comes to us, but only if we explicitly invite Him.

For the mystic, there is another aspect that I would like to mention separately here: the ability to look into the invisible divine world enables him (or her) to see the divine with the physical eyes.

God is light, love and truth. These are three essential characteristics of His person. These elements also make up the glance of His glory. While the mystic is allowed to immerse himself regularly in these encounters with God, a reflection of this seen light manifests itself in his own eyes, which is also visible to others.

As we know, the eyes are the "gateway to the soul". That is why the radiation of a person that comes out of the eyes is also called "soul mirror". From the look of a person you can read a lot about his or her nature or character. In this context, one also speaks of "open-minded" or "withdrawn" people, of a "hooded" or "sly" look, etc.

The mystic who opens himself completely to God - and this is a process that only gradually unfolds over many years - is able to absorb the fullness that flows from God. This can be physically exhausting, because the outpouring of God's treasures on man is sometimes downright overwhelming.

The divine energy flows through the eyes into the heart, into the soul and radiates - in a reverse way - back outwards again. We can also observe this phenomenon in people who are very deep in love. Even the deeply believing man has an infatuation in himself, but this love does not refer to another man, but to the Creator.

Sometimes this is also called - with the terms of mysticism - "love fervor" (or love blaze). However, he doesn't have this from within himself, but it was implanted in him by God through the so-called "arrow of love" (means Cupid's arrow). From this the "flame of love" then arises. This means that one becomes inflamed inwardly completely in love with the Most High.

There are mystically active saints who have experienced this love as an actual "burning" in their hearts, even physically. In some cases this has even manifested itself visibly. Here it becomes apparent that there is indeed a connection between body, mind and soul, as well as visibly perceptible effects of the encounter between God and man.

A person who lets himself (or herself) be touched by the encounter with God is transformed both inwardly and outwardly. He (or she) becomes a different person. Thus, for example, St. Paul was able to say: "It is no longer I who live, but Christ who lives in me." This means that when one is already in a higher stage of encounter with God, an inner transformation occurs. God takes up more and more space in the heart of man.

Man resigns in favor of the Most High and gives way to the Eternal. Persons in whom God is active have a stronger radiation, a shining from within. This glow can *not* only be seen through the eyes. Sometimes the face or - in rare cases - even the whole body shines.

We know the highest form of this radiance in Jesus, for example, in the transfiguration of the Lord on Mount Tabor. Since Christ was completely imbued with the divine energy, He could radiate this outwardly.

I come back to the original thought: God is light, love and truth. The more we decide to want to be part of it, the more He will give us in His mercy from this abundance. And we will radiate it visibly and thereby become a living witness to His glory.

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